

CRISPY ASIAN BRUSSELS SPROUTS

sweet & spicy sesame sauce, red pepper flakes, goat cheese • \$9

BONELESS WINGS (6) choice of buffalo, bbq,

sweet and spicy, habanero bbq, ranch or blue cheese • \$10

BONE-IN WINGS (6) choice of buffalo, bbq,

sweet and spicy, habanero bbq, ranch or blue cheese • \$10

BBQ CHICKEN QUESADILLA habanero bbq sauce,

cilantro, black beans, corn pico, cheddar and chihuahua cheese blend • \$12

BARBACOA NACHOS salsa roja, guacamole,

sour cream, chihuahua cheese, cheddar and chihuahua cheese blend, pico de gallo • \$14

MINI BURGERS (3) merkt's cheddar,

hawaiian roll • \$10

BUFFALO ROLLS 4C classic

buffalo chicken, blue cheese, wonton, ranch or blue cheese • \$11

FRESH BAKED PRETZEL dipping cheese,

honey mustard • \$7

BUFFALO CAULIFLOWER GF

buffalo seasoning, green goddess dressing • \$9

MINI TUNA TOSTADAS fried wonton, ahi tuna,

japanese dressing, dried shallots, sesame seeds, cucumbers, radishes, jalapeño, cilantro • \$12

HUMMUS & GUACAMOLE house made pita,

tortilla chips, veggies • \$12

PIZZA 12"

Sub gluten free crust \$1

HOT ITALIAN SAUSAGE red sauce,

provolone-mozzarella cheese blend • \$12

COIN PEPPERONI red sauce,

provolone-mozzarella cheese blend • \$13

PROSCIUTTO + ARUGULA olive oil, mozzarella,

shaved parmesan • \$14

BBQ CHICKEN bbq sauce, fried chicken,

provolone - mozzarella cheese blend, cilantro, red onions, jalapeños • \$12

HANDHELDS**4C SMASH BURGER** two angus beef patties,

american cheese, lettuce, pickle, red onion, dijonnaise, brioche bun • \$14

TURKEY BURGER provolone cheese,

avocado, citrus aioli, mixed greens, brioche bun • \$13

AMISH GRILLED CHICKEN smoked gouda cheese,

mighty vine tomatoes, red onions, mixed greens, basil aioli, tomato focaccia bun • \$13

FRIED CHICKEN SANDWICH buttermilk brined

chicken breast, bacon ranch slaw, sweet & spicy dijon, pickle • \$13

MAHI TACOS (3) blackened mahi, shaved cabbage,

spicy ranch, flour tortillas, chihuahua cheese, salsa roja • \$14

STEAK SANDWICH caramelized onions,

horseradish cream, au jus, hoagie bun • \$15

STEAK TACOS (3) grilled skirt steak, mojo de ajo, onions,

cilantro, queso fresco, chipotle salsa • \$14

The Illinois Department of Health advises that eating raw or under-cooked poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under the age of 4, pregnant women and other highly susceptible individuals with compromised immune systems
Thorough cooking of such animals reduces the risk of illness.

BOWLS**BARBACOA BOWL** short rib, cilantro rice, cotija cheese,

pico de gallo, black beans, chipotle salsa • \$14

POKE BOWL ahi tuna, jasmine rice, sesame seeds, dried shallots,

cucumbers, watermelon radishes, fried wonton strips, mango, avocado, edamame, japanese dressing • \$15

MEDITERRANEAN BOWL grilled chicken skewers,

quinoa tabbouleh, avocado yogurt, cucumber, cherry tomatoes, red onions, kalamata olives, ajvar • \$13

KOREAN BOWL grilled skirt steak, jasmine rice, mixed bell peppers,

red onions, avocado, fried shallots, korean bbq • \$15

SALADS OR WRAPS

add chicken \$4 salmon \$5 portabella \$3

KALE orange segments, feta, candied pumpkin seeds,

craisins, maple bourbon vinaigrette • \$13

SALMON COBB blackened salmon, romaine, tomatoes,

avocado, hard boiled egg, red onions, bacon, blue cheese crumbles, chipotle ranch • \$16

SOUTHWEST chicken or portabella, romaine,

chihuahua cheese, tomatoes, avocado, black beans, roasted corn, tortilla strips, chili sauce, southwest dressing • \$14

BUFFALO CHICKEN grilled or crispy chicken, romaine,

carrots, celery, cherry tomatoes, blue cheese crumbles, ranch or blue cheese • \$13

DESSERT**SKILLET COOKIE** baked chocolate chip cookie, caramel,

chocolate, vanilla ice cream, whipped cream • \$9

SIDES • \$6

CRINKLE FRIES • TATER TOTS • SWEET POTATO WAFFLE FRIES

VEGGIE OF THE DAY • SIDE SALAD